



Key References:

Philippians 2:3–11 (ESV) – Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. ⁴ Let each of you look not only to his own interests, but also to the interests of others. ⁵ Have this mind among yourselves, which is yours in Christ Jesus, ⁶ who, though he was in the form of God, did not count equality with God a thing to be grasped, ⁷ but emptied himself, by taking the form of a servant, being born in the likeness of men. ⁸ And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross. ⁹ Therefore God has highly exalted him and bestowed on him the name that is above every name, ¹⁰ so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, ¹¹ and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

“Humility is not thinking less of yourself, it's thinking of yourself less.” – **CS Lewis**

“A man may do an immense deal of good, if he does not care who gets the credit for it.” – **Father Strickland**

A friend was asking me the other day, “How can I be humble?” He felt there was pride in him, and he wanted to know how to get rid of it. He seemed to think that I had some patent remedy and could tell him, “Do this, that, and the other and you will be humble.” I said, “I have no method or technique. [...] There’s only one way to be humble, and that is to look into the face of Jesus Christ; you cannot be anything else when you see him.” That is the only way. Humility is not something you can create within yourself; rather, you look at him, you realize who he is and what he has done, and you are humbled. – **Martyn Lloyd-Jones**

1 – HUMBLE MUCH?

What’s your most embarrassing story regarding a failure of humbleness? What are the most challenging situations to have humility in? What are the easiest circumstances to practice humility?

2 – MORE SIGNIFICANT THAN YOURSELVES

Read Philippians 2:3-4. **Why do you think this section on humility comes right after the section on unity from last week?**

What is the definition of “selfish ambition [and] conceit?” How does our culture praise these two things?

Verse 4 weighs looking after “our own interests” with looking after “the interests of others”. **Where else in scripture do we see the core value and examples of putting others first? How are we supposed to find the correct balance between selfish and selfless acts in day-to-day life?**

What would it look like to truly live a life that “counts others more significant than yourselves?”

Read Matthew 23:11-12 & 1 Peter 5:6. **What is the reward from God for true humility?**

Would it require us to change anything about our life today to grow and follow these two verses? What are the challenges with living this way?

3 – HUMBLE LIKE JESUS, FOR JESUS’ KINGDOM

Read the quote from Martyn Lloyd-Jones. **Do you agree that this is the “one way to [humility]?”**

Read Philippians 2:5-11. Take time to consider v5-8 and how awe-inspiring these truths are. **How does meditating on these things that Christ did for us produce the fruit of humility in a Christian?**

What was the end goal of Jesus’ humility found in v9-11? Was Jesus humble just for the sake of being humble? What then is the end goal of our humility? How does humility expand the Kingdom of God?

Read Colossians 3:12–17. **Looking at the three commands in v15-17 how does each command produce the fruit of humility?**